

# Stigma

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## Stigma

- Latin for a tattoo designating slave or criminal status
- Assigned stigma
- Experienced stigma
- Actual impairment

## Assigned Stigma

- Expectation of inappropriate social behaviors
- Perceived dangerousness
- Expected reduced abilities
- Skepticism about the utility of treatment

## Detour around Assigned Stigma

- Acceptance of the neurobiological framework
- Support for services; employment and socialization
- Psychopathology is the tattoo; reduce it

## Experienced Stigma

- Harm avoidant: tendency to worry or be pessimistic
- Persistent: ambitious and persevering
- Self-directed: reliable and purposeful

## Meaningful and Satisfying Use of Time

- Activity
- Mastery: control of one's life
- Something to do
- Good people to do it with