

Lack of Insight in Schizophrenia

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Insight Scales

- Do you have mental problems?
- Do you need treatment for mental problems?
- Do you need medication as treatment for mental problems?
- Positive versus negative psychopathology

An Important Disconnect

- Do the medications do you any good?
- Will you take the medications?
- Implicit learning in the setting of a therapeutic relationship

Correlates of Insight

- Psychotic psychopathology
- Cognitive impairment
- Reduced brain volume
- Depression (inverse)

Not Correlated with Insight

- Years since onset of illness
- Number of hospitalizations
- There is no “learning from experience”

Management

- Implicit learning: routine
- Relationship: pay attention to the patient's goals
- External support: eg, family
- LAI medications

LAI=long-acting injectable.

Misrahi D et al. Nord J Psychiatry. 2011;Aug 10. Epub ahead of print.