

Epidemiology of Bipolar Disorder

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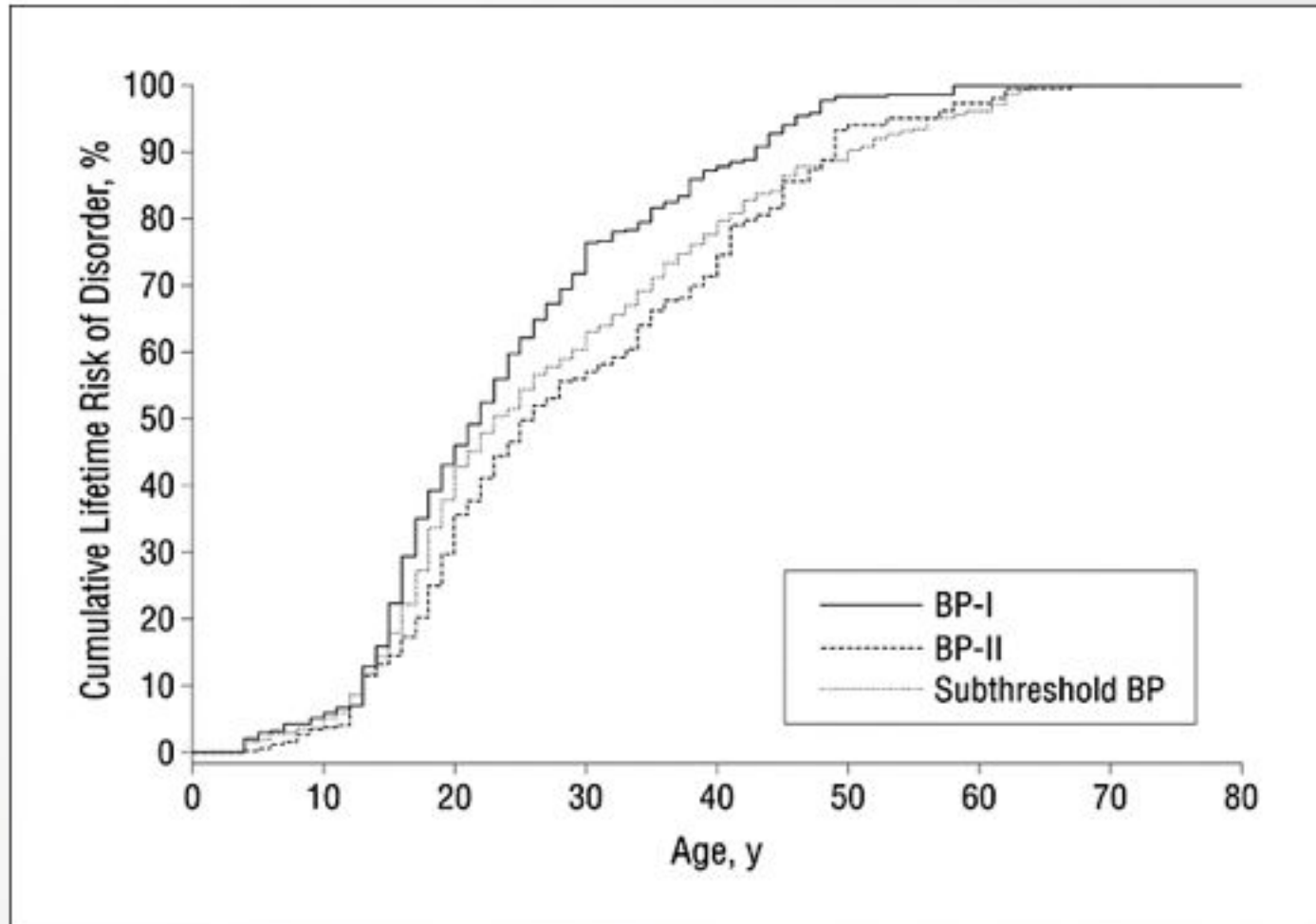
University Health Network

Toronto, Canada

Lifetime Prevalence Rates of Bipolar Disorder in Representative Large National or Regional Samples

Author (Year/Country)	Rate (%)
Regier et al (1998/USA)	1.2
Kessler et al (1994/USA)	1.6
Lewinsohn et al (1995/USA)	5.7
Weissman et al (1994/Cross-National)	0.3–1.5
Szadoszky et al (1998/Hungary)	5.0
Angst et al (1998/Switzerland)	8.3
Judd and Akiskal (2003/USA)	6.3

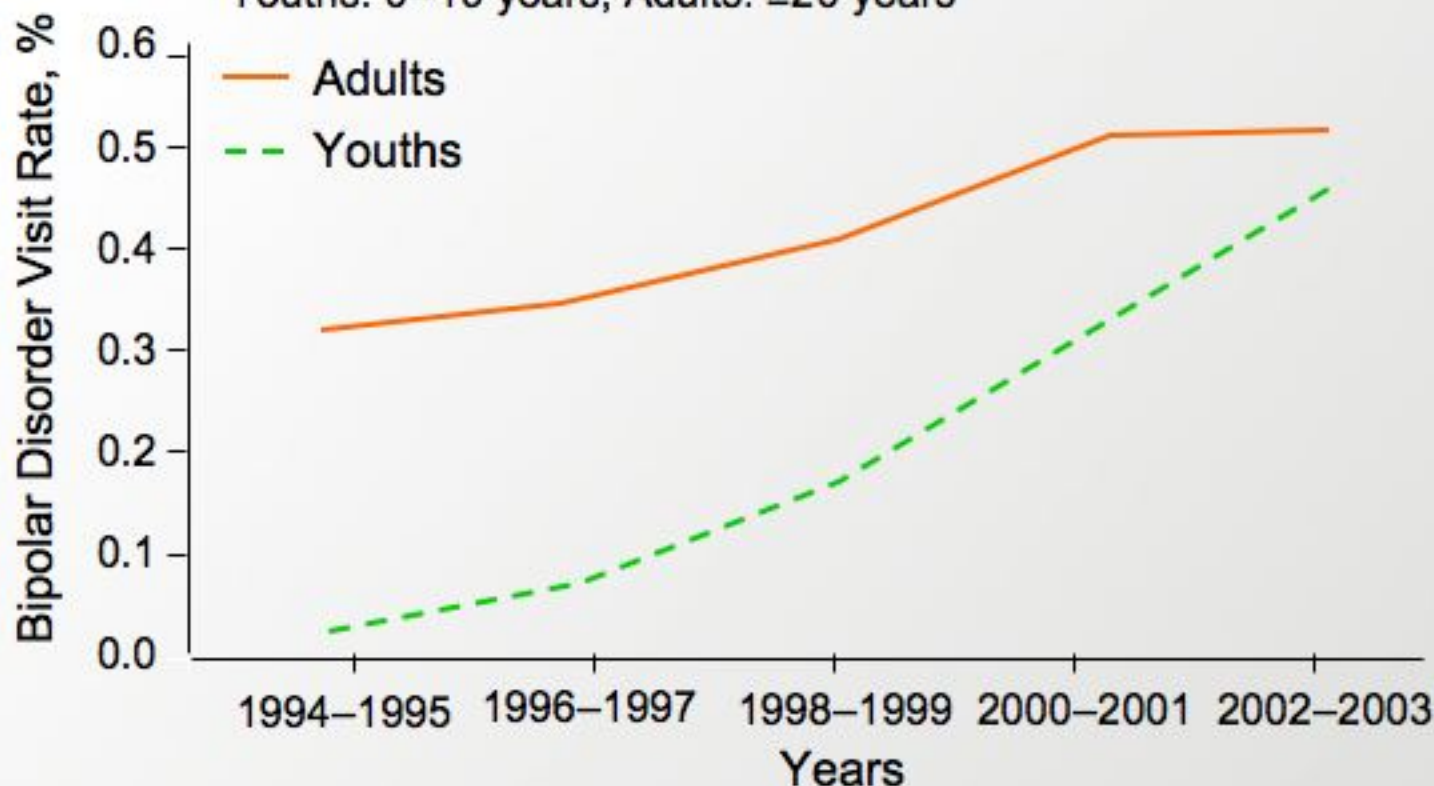
Cumulative Age-at-Onset Distributions of Bipolar Disorder



BP-I=bipolar disorder type I; BP-2=bipolar disorder type II.
Merikangas KR et al. Arch Gen Psychiatry. 2011;68:241-251.

National Trends in Increased Outpatient Diagnosis of Bipolar Disorder

Based on the National Ambulatory Medical Care Survey
Youths: 0–19 years; Adults: ≥20 years



- Diagnosis of bipolar disorder for ADULTS increased ~2x in the 10-year study period.
- Diagnosis of bipolar disorder for YOUTHS increased ~40x in the 10-year study period.